

Heat Relief
清热

Three Legs Cooling Water

三脚标
清热水



Since its production in 1937, Three Legs Cooling Water has been the go-to household cooling remedy. It remains the brand's flagship product and a trusted brand for generations, withstanding the test of time for more than 80 years. Today, Three Legs Cooling Water is widely distributed and consumed by millions throughout Singapore, Malaysia, and Indonesia.

Three Legs Cooling Water contains Gypsum Fibrosum, which is a natural ingredient listed in the Chinese Pharmacopeia that is used to reduce heatiness in the body. In meeting the market demand, we are constantly improving ourselves on better packaging for the Three Legs Cooling Water.

Ingredients: Gypsum Fibrosum

Indication: Traditionally used to relieve body heatiness and fever.

Direction of Use: 200ml pack:

- Adults: 1 bottle each time, 4 times daily
- 8-12 years old: ½ bottle each time, 4 times daily
- 4-7 years old: ⅓ bottle each time, 4 times daily

Shelf Life: 3 years

诞生于1937年，如今这个经历了80多年，世代信赖品牌的清热水依然是三脚标的旗舰产品，已经广泛遍布于新加坡、马来西亚和印尼等国家，千万民众因饮用清热水而受益。

三脚标清热水由含水硫酸钙配制而成，是一种记载于中国药典的天然成分，有效于解除“体热”。为满足市场需求，我们也不断在包装上自我改进提升。

成份: 含水硫酸钙

主治: 传统用于生津解渴，解除体热和发烧

用法: 200毫升瓶装:

- 成人: 每次1瓶，每日4次
- 8-12岁: 每次½瓶，每日4次
- 4-7岁: 每次⅓瓶，每日4次

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	200ml in PET bottle	8 888353 330089	200ml x 8 clusters x 6 bottles
	Cluster pack of 6 x 200ml	8 888353 331222	200ml x 8 clusters x 6 bottles
	500ml in PET bottle	8 888353 331420	500ml x 24 bottles
	Value pack of 3 x 500ml	8 888353 310555	500ml x 8 packs x 3 bottles

Heat Relief
清热

Three Legs
Cooling Water

三脚标
清热水

- Relieves body heatness
- Clinically proven in reducing fever
- Colourless and odourless

- 缓解体热
- 临床证明缓解发烧
- 无色无味



Heat Relief 清热

Three Legs Cooling Water Cooltopia

三脚标 清热水 Cooltopia



Three Legs Cooltopia is a modernized version of the local household remedy Singaporeans know and love, and also the first fruity-taste cooling water in the market. The beverage brings you the best of both worlds, improving your health while delivering a fruity sensation.

Produced under the Three Legs Brand with 80 years of experience in manufacturing cooling water, Cooltopia contains natural ingredients, is effective in reducing body heatiness, and serves as a thirst quencher. Cooltopia contains no preservatives and colouring and is currently available in Lychee, Guava, and Lime. In addition to the existing flavours, a less-sweet peach flavour is also available to cater to the consumers who are health-conscious.

Ingredients: Gypsum Fibrosum, Calcium

Indication: Traditionally used to relieve body heatiness.

Direction of Use: 320ml pack:

- Adults: 1 bottle each time, 4 times daily
- 3-12 years old: ½ bottle each time, 4 times daily

Shelf Life: 18 months

三脚标Cooltopia是现代款清热水，是新加坡人喜爱的居家清热首选饮品。Cooltopia也是市场上首款果味清热水。这款饮品为您带来两全其美的滋味，在改善您健康的同时，还能让您享受清新的果香味。

拥有超过80年制造清热水的经验，三脚标旗下的Cooltopia所含的天然成分能有效地缓解体热，并可作为解渴饮品。Cooltopia不含防腐剂及色素，现有三种口味即荔枝、番石榴和酸柑。另外，我们也延申了另一款少甜的水蜜桃口味，以迎合喜爱低糖消费者的需求。

成份：含水硫酸钙，寒水石。

主治：传统用于缓解体热。

用法：320毫升瓶装：

- 成人：每次1瓶，每日4次
- 儿童（3-12岁）：每次½瓶，每日4次

有效期：18个月

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	320ml in PET bottle	8 995227 502142 (Lychee)	320ml x 24 bottles
	320ml in PET bottle	8 995227 502135 (Guava)	320ml x 24 bottles
	320ml in PET bottle	8 995227 502166 (Lime)	320ml x 24 bottles
	320ml in PET bottle	8 995227 502739 (Peach)	320ml x 24 bottles

Heat Relief
清热

Three Legs
Cooling Water
Cooltopia

三脚标
清热水
Cooltopia

- Relieves body heatness
- No preservative
- No colouring

- 缓解体热
- 不含防腐剂
- 不含色素



No.00130052591009

Heat Relief
清热

Antelope & Rhino Brand Cooling Water

羚羊犀牛标
清热水



MAL19106105T

A sub-brand of Cooling Water under Wen Ken Group, Antelope & Rhino Cooling Water contains Gypsum Fibrosum and Calcitum, both of which contain cooling properties that assist in reducing body heatiness.

Ingredients: Gypsum Fibrosum, Calcitum

Indication: Traditionally used to relieve fever, body heatiness and quench thirst.

Direction of Use: Based on 200ml pack:

- Adults: 1 bottle each time, 4 times daily

- 4-12 years old: ½ bottle each time, 4 times daily

Shelf Life: 3 years

羚羊犀牛标清热水是永健集团旗下清热水品牌之一，它含有含水硫酸钙及寒水石。这两种成份含有清热效益并帮助缓释体热。

成份: 含水硫酸钙, 寒水石。

主治: 传统用于生津解渴, 解除发烧和体热。

用法: 根据200毫升瓶装:

- 成人: 每次1瓶, 每日4次

- 儿童(4-12岁): 每次½瓶, 每日4次

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	200ml in PET bottle	8 888353 331338	Cluster pack of 8 x 6 bottles x 200ml
	Cluster pack of 6 x 200ml in PET bottle	8 888353 310869	Cluster pack of 8 x 6 bottles x 200ml

Heat Relief
清热

Antelope & Rhino
Cooling Water

羚羊犀牛标
清热水

- Relieves body heatness
- Natural traditional medicine
- Colourless and odourless

- 缓解体热
- 天然传统配方
- 无色无味



Heat Relief
清热

Cool Rhino



A refreshing cooling beverage with a sleek packaging, Cool Rhino is extended from the classic Three Legs Cooling Water. The key ingredient in Cool Rhino is deionized water that comes with Gypsum Fibrosum and Calcium that are cooling by nature to reduce the heatiness of the body.

The product sports a contemporary label in an elegantly designed bottle that has been awarded the Malaysian Good Design Award in 2007 from the Malaysia Design Council.

Ingredients: Gypsum Fibrosum, Calcium

Indication: Traditional medicine used to relieve fever and body heatiness.

Direction of Use: 350ml pack:

- Adults: 1 bottle each time, 4 times daily
- 3-12 years old: ½ bottle each time, 4 times daily

Shelf Life: 3 years

一款包装新颖时尚的清热血暑饮料，Cool Rhino 清热水是经典著名的三脚标清热水衍生产品。其主要成分是负离子水及天然具有“清热”并缓解体热作用的含水硫酸钙及寒水石。

新颖标签配上时尚的瓶装设计，Cool Rhino 于 2007 年成功荣获马来西亚设计委员会颁发的马来西亚优秀设计奖。

成份: 含水硫酸钙, 寒水石。

主治: 传统用于生津解渴, 解除发烧和体热。

用法: 350毫升瓶装:

- 成人: 每次1瓶, 每日4次
- 儿童 (3-12岁): 每次½瓶, 每日4次

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	350ml in PET bottle	8 888353 332144	350ml x 16 bottles

Heat Relief
清热

Cool Rhino

- Relieves body heatiness
- Natural traditional ingredients
- Colourless and odourless

- 缓解体热
- 天然传统配方
- 无色无味



MS 2424
5 006-01/2005

Fever Relief
缓解发烧

Three Legs Shu Feng Detoxifying Capsule

三脚标
疏风解毒胶囊



Three Legs Shu Feng Detoxifying Capsule is a Chinese traditional medicine that quells symptoms caused by upper respiratory infections from heatiness using a combination of 8 unique types of natural herbs. This product is designed in mind for consumers who prefers a more natural approach to eliminate symptoms of fever, sore throat, headache, nasal obstruction, runny nose, and cough.

Three Legs Shu Feng Detoxifying Capsule is strictly manufactured under GMP (Good Manufacturing Practice) to ensure the safety and quality of the product and is also registered and approved under the Health Sciences Authority (Singapore).

Ingredients: Radix et Rhizoma Polygonum Cuspidatum Extract, Fructus Forsythia Suspensa Extract, Radix Bupleurum Chinense Extract, Radix Isatis Indigotica Extract, Herba Patrinia Villosa Extract, Radix et Rhizoma Glycyrrhiza Uralensis Extract, Herba Verbena Officinalis Extract, Rhizoma Phragmites Communis Extract

Indication: To be used to relieve symptoms such as fever, sore throat, headache, nasal obstruction, runny noise, and cough caused by upper respiratory infections belonging to wind-heat pattern.

Direction of Use: Adult: 4 capsules each time, 3 times daily. To be taken after meals. Use in caution during pregnancy.

Shelf Life: 2 years

三脚标疏风解毒胶囊精选8种天然草药制成，用于上呼吸道感染属风热症状。产品理念帮助倾向于使用天然草药来缓解喉咙痛、头痛、鼻塞、流鼻涕、咳嗽等症状的消费者。

三脚标疏风解毒胶囊严格按照GMP（良好生产规范）生产，以确保产品的安全和质量，产品也注册于新加坡，并获新加坡卫生局HSA的批准。

成份：虎杖提取物，连翘提取物，柴胡提取物，板蓝根提取物，败酱草提取物，甘草提取物，马鞭草提取物，芦根提取物。

主治：用于缓解急性上呼吸道感染属风热症，症见发热、喉咙痛、头痛、鼻塞、流鼻涕、咳嗽。

用法：成人：每次4粒，每日3次。饭后服用。孕妇慎用。

有效期：2年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	36 capsules in capsule bottle	8 888353 311101	36 capsules x 24 bottles

Fever Relief
缓解发烧

Three Legs
Shu Feng Detoxifying
Capsule

三脚标
疏风解毒胶囊

- Relieve symptoms from upper respiratory infections
- Easy to swallow
- Made of natural herbs

- 缓解上呼吸道感染的症状
- 容易吞咽
- 天然草药配制



Cough
咳嗽

Three Legs Cough Relief

三脚标
止咳水



IMAL 19930012X
BRU 16102090 NP

One of the earliest Three Legs products, Three Legs Cough Relief is a solution that helps expel phlegm. It contains Guaifenesin, an expectorant, which loosens congestion in your chest and throat due to cold, making it easier to expel the phlegm orally.

Ingredients: Guaifenesin B.P

Indication: As an expectorant for the symptomatic relief of cough due to colds.

Direction of Use:

- Adults: 10-20ml or 2-4 teaspoons
- 6-12 years old: 5-10ml or 1-2 teaspoons
- 2-6 years old: 2.5-5ml or ½-1 teaspoon

*To be taken every 4 hours or use as directed by your doctor

Shelf Life: 5 years

三脚标止咳水是三脚标自成立以来最早推出的产品之一。它有效助于祛痰。它含有愈创甘油醚，为祛痰药物，帮助降低痰浓度，并使痰容易从口中咳出。

成份: 愈创甘油醚

主治: 此药能解除咳嗽、喉咙发痒及帮助化痰。

用法:

- 成人: 10-20毫升或2-4茶匙
- 儿童 (6-12岁): 5毫升-10毫升或1-2茶匙
- 儿童 (2-6岁): 2.5毫升-5毫升或½-1茶匙

*每隔4小时服用1次或遵照您的医生指示服用。

有效期: 5年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	60ml in PET bottle	8 888353 332502	60ml x 144 bottles
	120ml in PET bottle	8 888353 331611	120ml x 72 bottles
Singapore	120ml in PET bottle	8 888353 331611	120ml x 24 bottles

Cough
咳嗽

Three Legs
Cough Relief

三脚标
止咳水

- Relieves cough
 - Alcohol-free
 - Non-drowsy
-
- 缓解咳嗽
 - 不含酒精
 - 不瞌睡



MS 2424
5 006-01/2005



MAL 19930012X
BRU 16102090 NP

Cough 咳嗽

Three Legs

Pe Pa Kao

三脚标

蜜炼川贝枇杷膏



Three Legs Pe Pa Kao is made using 15 premium Chinese herbs, with honey used as the base in the ingredient mix. The cough remedy has properties that help to relieve coughs and reduce phlegm.

This remedy caters to health needs that are suitable for both families and individuals of all ages, making it a deeply-loved family must-have. The bottle design has also been awarded the 2010 Malaysia Good Design Mark for its lightweight durability. Furthermore, the bottle also features a non-drip flip top and a pull-ring cap, which eliminates the risk of leakage or breakage occurring, and is convenient for bringing along anywhere.

Ingredients: Honey, Folium Eriobotrya Japonica Extract, Bulbus Fritillaria Cirrhosa Extract, Radix Platycodon Grandiflorum Extract, Semen Prunus Armeniaca Extract, Fructus Pyrus Pyrifolia Extract, Fructus Trichosanthis Kirilowii Extract, Radix Glycyrrhiza Uralensis Extract, Radix Adenophora Stricta Extract, Poria Cocos Sclerotium Extract, Exocarpium Citrus Reticulata Extract, Rhizoma Pinellia Ternata Extract, Flos Tussilago Farfara Extract, Rhizoma Zingiber Officinalis Extract, Fructus Schisandra Chinensis Extract, Radix Polygala Tenuifolia Extract, Menthol

Indication: Traditionally used for symptomatic relief of cough, sore throat, and to reduce phlegm.

Direction of Use: Based on 5ml (1 teaspoon):
- Adults: 2 teaspoons (10ml) each time, 3 times daily
- 3-12 years: 1 teaspoon (5ml) each time, 3 times daily

Shelf Life: 3 years

三脚标蜜炼川贝枇杷膏采用15种上等中药及纯正蜂蜜配制而成。传统用于缓解咳嗽及化除顽痰。

此配方以各年龄阶层的健康需求调制，它适合家庭或个人使用，是居家必备的良药。其轻巧不易破的瓶装设计使得三脚标蜜炼川贝枇杷膏荣获2010年马来西亚优质设计奖。此外，其瓶装配有防滴漏翻盖及拉环盖设计，可防止滴漏及破损，方便于出门外带。

成份: 蜂蜜、枇杷叶、川贝、桔梗、北杏仁、梨子、瓜蒌、甘草、沙参、茯苓、橘红、法半夏、款冬花、生姜、北五味子、远志、薄荷脑

主治: 传统用于治疗咳嗽、喉咙痛、声音沙哑和解除浓痰。

用法: 根据5毫升茶匙：
- 成人：每次2茶匙（10毫升），每日3次
- 儿童（3-12岁）：每次1茶匙（5毫升），每日3次

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	180ml in PET bottle	8 888353 332380	180ml x 12 bottles
	320ml in PET bottle	8 888353 332540	320ml x 12 bottles

Cough
咳嗽

Three Legs
Pe Pa Kao

三脚标
蜜炼川贝枇杷膏

- Relieves cough and phlegm
- 100% traditional Chinese herbs
- Innovative packaging design

- 止咳化痰
- 100%中草药
- 新颖设计包装



Antifungal 抗真菌

Three Legs Tinea Skin Solution

三脚标 皮肤汗斑癣药精

One of the earliest Three Legs products, Tinea Skin Solution is a non-sticky solution with cooling effect for the treatment of skin fungal infection, including ringworms, athlete's foot and tinea versicolor (white spot).

Ingredients: Salicylic Acid 5.0% w/v

Indication: For ringworm, athlete's foot, and tinea versicolor.

Direction of Use: Clean the affected area. Apply two to three times a day.

Shelf Life: 3 years

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia & Singapore	12ml in glass bottle	8 888353 330072	12ml x 360 bottles



MAL 19950306X
BRU 16112103 NP

三脚标皮肤汗斑癣药精是三脚标自成立以来最早推出的产品之一。它具有冰凉感且无黏着性，用于治疗皮肤真菌感染，包括金钱癣、香港脚和汗斑（白斑）。

成份: 水杨酸5.0% w/v

主治: 治疗皮肤癣、香港脚及汗斑。

用法: 患处洗干净待干后，将此药液搽于患处，每日2-3次

有效期: 3年

Three Legs Tolnaftate Cream

三脚标 癣药膏

Easy-to-use medicated cream form for the treatment of fungal infection and itch relief caused by ringworm, athlete's foot and others. As Three Legs Tolnaftate Cream is stored in a 10g tube, it can be conveniently brought along anywhere. The smooth texture of the cream allows easy application on the skin.

Ingredients: Tolnaftate 1% w/w

Indication: For the treatment of fungal infections, including ringworm, athlete's foot, tinea capitis, tinea corporis, tinea barbae, tinea versicolor, and tinea cruris.

Direction of Use: Wash and dry the affected area. Apply this cream on the affected area 2 to 3 times daily for 2 to 3 weeks. In cases where the thickening of skin has occurred, treatment may be extended to 4 to 6 weeks. Treatments can be continued to help maintain remission in patients susceptible to tinea.

Shelf Life: 3 years

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	10g in aluminium tube	8 888353 332090	10g x 144 tubes
	Twin pack (2 x 10g in aluminium tube)	8 888353 332601	10g x 2tubes x 72 sets



MAL 19973717X
BRU 16112106 NP

乳霜型的三脚标癣药膏容易使用。它适用于治疗因金钱癣、香港脚及其他真菌造成的感染及缓解瘙痒。三脚标癣药膏装置于10克药管中，方便携带至任何地方。乳霜性质顺滑，易涂抹于皮肤上。

成份: 托萘酯1% w/w

主治: 钱状癣、香港脚、汗斑及各种皮肤顽癣。

用法: 先将患处洗净干净，将此药膏搽在患处，每日二至三次，需要持续两至三星期。若皮肤有增厚现象，治疗可持续至四到六星期。容易被癣感染的患者可持续使用，以缓解不适。

有效期: 3年

Antifungal
抗真菌

- Cooling treatment of skin fungal infection
 - For hard-to-reach area like toes, etc.
 - Easy absorption
-
- 清凉治疗于皮肤感染
 - 适合难以触及部位,如指甲缝
 - 容易吸收使用



MS 2424
5 006-01/2005



MAL 19950306X
BRU 16112103 NP

Three Legs
Tinea Skin Solution
三脚标
皮肤汗斑癣药精

- Treats fungal infection
 - Smooth and well spread
-
- 治疗真菌感染
 - 顺滑及容易涂抹



MS 2424
5 006-01/2005



MAL 19973717X
BRU 16112106 NP

Three Legs
Tolnaftate Cream
三脚标
癣药膏

Antibacterial & Antiseptic 抗菌及消毒

Three Legs

Povidone Iodine

三脚标
优碘



MAL 20001622X
BRU 19012495 NP

Povidone Iodine acts as an antiseptic for external application in the treatment of skin lesion, cut, abrasion, infected wounds and burns. Upon application to affected areas, there are no stinging sensations.

优碘为一种消毒剂，它用于治疗皮肤受伤、割伤、擦伤、伤口感染和烧伤。搽于伤口上时，不会感觉疼痛或刺痛感。

Ingredients: Povidone Iodine 10% w/v

成份: 优碘10%w/v

Indication: For the treatment of wounds, cuts, abrasions, and minor skin infections.

主治: 用于治疗伤口、割伤、擦伤、烫伤及皮肤感染。

Direction of Use: Apply twice daily to the affected area.

用法: 把此消毒水擦在患处，每天2次。

Shelf Life: 3 years

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	30ml in dropper bottle	8 888353 331444	30ml x 144 bottles
	60ml in dropper bottle	8 888353 332588	60ml x 72 bottles

Three Legs

Yellow Lotion

三脚标
黄药水



MAL 19970106XZ
BRU 16112104 NP

Yellow Lotion acts as an antiseptic for external application in the treatment of skin lesion, cut, abrasion, infected wounds and burns. Upon application to affected areas, there are no stinging sensations.

黄药水为一种消毒剂，它用于治疗皮肤受伤、割伤、擦伤、伤口感染和烧伤。搽于伤口上时，不会感觉疼痛或刺痛感。

Ingredients: Acriflavine 0.1% w/v

成份: 吡啶黄 (Acriflavine) 0.1% W/V

Indication: As an antiseptic for treatment of skin lesions, cuts abrasions, infected wounds, and burns.

主治: 为消毒剂，治疗皮肤损伤、割伤、擦伤、伤口感染和烧伤。

Direction of Use: Clean and dry the affected area and then apply the solution 2 to 3 times a day.

用法: 先把伤口洗净，然后搽上此黄药水，每日2至3次。

Shelf Life: 3 years

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	30ml in dropper bottle	8 888353 330904	30ml x 144 bottles
	60ml in dropper bottle	8 888353 330898	60ml x 72 bottles
Singapore	30ml in dropper bottle	8 888353 330904	30ml x 144 bottles

Antibacterial
& Antiseptic
抗菌及消毒

Three Legs
Povidone Iodine

三脚标
优碘

- No pain and sting
- Easy application with dropper
- Lightweight and convenient

- 无刺痛
- 滴管型更容易于使用
- 轻巧方便



MS 2424
5 006-01/2005



MAL 20001622XZ
BRU 19012495 NP

Three Legs
Yellow Lotion

三脚标
黄药水

- No pain and sting
- Easy application with dropper
- Lightweight and convenient

- 无刺痛
- 滴管型更容易于使用
- 轻巧方便



MS 2424
5 006-01/2005



MAL 19970106XZ
BRU 16112104 NP

Antibacterial &
Antiseptic
抗菌及消毒

Three Legs
Septyc-Kare
Antiseptic Spray
三脚标
Septyc-Kare
消毒喷剂



MAL20046137X

Three Legs Septyc-Kare Antiseptic Spray is used for the treatment of wounds while minimizing the risk of germ and bacterial infections. Formulated in a miniature and compact spray bottle, the antiseptic conveniently offers quick protection for minor cuts with an easy-to-spray bottle, covering the affected area evenly and leaves no mess.

Septyc-Kare is also colourless, effectively eliminating any concern on leaving long-term stains on the skin and clothes.

Ingredients: Chlorhexidine Gluconate 1%w/v

Indication: As an antiseptic for treatment of skin lesions, cuts, abrasions, infected wounds and burns.

Direction of Use: Clean and dry the affected area. Then spray the solution 3 times a day.

Shelf Life: 2 years

三脚标Septyc-Kare消毒喷剂用于治疗皮肤损伤，同时把伤口细菌感染的风险降至最低。此消毒喷剂方便使用，可迅速有效地保护皮肤轻微的割伤或损伤。喷剂式的剂型也可使药水均匀喷洒于皮肤患处。

Septyc-Kare是无色的，能有效地避免在使用后沾染皮肤和衣物。

成份: 葡萄糖酸洗必太1%w/v

主治: 作为消毒剂，治疗皮肤损伤、割伤、擦伤、伤口感染和烧伤。

用法: 洗净及擦干患处后，喷上此药水，每日三次。

有效期: 2年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia & Singapore	30ml x HDPE bottle	888835331089 0	30ml x 72 bottles

Antibacterial &
Antiseptic
抗菌及消毒

Three Legs

Septyc-Kare Antiseptic Spray

三脚标

Septyc-Kare
消毒喷剂

- Kills germs and bacteria on wounds
 - No alcohol content
 - Colourless and sting-free
-
- 消除伤口细菌
 - 不含酒精
 - 无色无刺痛感



MS 2424
5 006-01/2005



MAL20046137X

Analgesics [Internal] 镇痛 (内服)

Three Legs Ai Kan Shan

三脚标 外感散

Three Legs Ai Kan Shan contains Paracetamol, which relieves headache, fever, toothache, and mild to moderate pain. Packed in small sachets, the box is convenient for travelling. The powder form allows the medicine to be easily dissolved in water for fast onset of action.

Ingredients: Paracetamol 500mg

Indication: For relief of fever, headache, toothache, and mild to moderate pain.

Direction of Use:

- Adults: 1-2 sachet every 4 hours. Maximum 8 sachets a day.

*To be taken after meal. Dissolve fever powder in a glass of water before taking.

Shelf Life: 5 years



MAL 19930008XZ
BRU 19032533 NP

三脚标外感散含扑热息痛(Paracetamol), 可缓解头痛、发烧、牙痛及轻微疼痛。精小包装, 方便旅行外带。粉末状药粉易溶于水, 容易产生药效。

成份: 扑热息痛500毫克

主治: 解除发烧、头痛、牙痛及轻微疼痛。

用法:

- 成人: 每隔四小时1-2包。每日最多可服用8包。

*饭后服用。将药粉溶解在1杯开水后服食。

有效期: 5年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	1 box = 1g x 10 sachets	8 888353 330102	600 box x 10 sachets

Three Legs Medicinal Powder

三脚标 止痛退热粉

Three Legs Medicinal Powder contains Acetylsalicylic Acid (Aspirin), which relieves headache, fever, toothache, and minor pain. Packed in small sachets, the box is convenient for travelling. The powder form allows the medicine to be easily dissolved in water for fast onset of action.

Ingredients: Aspirin 600mg

Indication: For relief of headache, fever, toothache, and minor pain.

Direction of Use:

- Adults: 1 sachet every 4 hours. Maximum 6 sachets per day.

*To be taken after meal. Dissolve fever powder in a glass of water before taking.

Shelf Life: 3 years



MAL 19930010XZ
BRU 16112107 NP

三脚标止痛退热粉含有乙酰水杨酸(阿司匹林-Aspirin), 可缓解头痛、发烧、牙痛及轻微疼痛。精小包装, 方便旅行外带。粉末状药粉易溶于水, 容易产生药效。

成份: 阿司匹林600毫克

主治: 能有效地解除头痛、发烧、牙痛及轻微疼痛。

用法:

- 成人: 每四小时1包。每日最多可服用6包。

*饭后服用。将药粉溶解在1杯开水后服食。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia & Singapore	1 box = 0.95g x 12 sachets	8 888353 330096	600 box x 12 sachets

Analgesics
[Internal]
镇痛 (内服)

- Relieves moderate pain
 - Quick dissolve and absorption
 - Convenient
-
- 缓解疼痛
 - 快速溶解及吸收
 - 方便



MS 2424
5 006-01/2005



MAL 19930008XZ
BRU 19032533 NP

Three Legs
Ai Kan Shan

三脚标
外感散

- Relief of minor pain
 - Quick dissolve and absorption
 - Convenient
-
- 缓解疼痛
 - 快速溶解及吸收
 - 方便



MS 2424
5 006-01/2005



MAL 19930010XZ
BRU 16112107 NP

Three Legs
Medicinal Powder

三脚标
止痛退热粉

Analgesics (External) 镇痛剂 (外用)

Three Legs Balsem

三脚标 青草膏



Three Legs Balsem is a series of fragrant medicated ointment used to relieve muscular pain, joint pain and rheumatic pain. Available in 2 types of heat level: Yellow Balsem with regular heat and White Balsem with deeper heat.

The two varying heats are suitable for different types of muscular and joint pains. The balsems' texture is smooth, easy to apply, and suitable for massage at affected areas.

Ingredients:

Yellow Balsem: Methyl Salicylate 13.5% w/w, Menthol 7.5% w/w, Camphor 7% w/w

White Balsem: Methyl Salicylate 18% w/w, Menthol 9% w/w, Camphor 5% w/w

Indication: For symptomatic relief of muscular pain, rheumatic pain and sprains.

Direction of Use:

Rub on affected area 2 to 3 times a day.

Shelf Life: 3 years

三脚标青草膏系列是带有宜人芳香的软膏药物，适用于缓解肌肉酸痛、关节疼痛及风湿疼痛。备有两种不同热度：普通热度的黄色青草膏及加强热度的白色青草膏。

这两种不同的热度适用于不同程度的肌肉及关节疼痛。青草膏的性质顺滑易于使用，适用于按摩患处。

成份:

黄色青草膏: 水杨酸甲酯 13.5%，薄荷 7.5%，樟脑 7%

白色青草膏: 水杨酸甲酯 18%，薄荷 9%，樟脑 5%

主治: 解除肌肉疼痛、风湿疼痛及扭伤。

用法: 搽在患处，每天两至三次。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	36g in glass bottle	8 888353 331161 (Yellow balsem)	36g x 144 bottles
	36g in glass bottle	8 888353 332267 (White balsem)	36g x 144 bottles

Analgesics [External]
镇痛剂 (外用)

Three Legs
Balsem

三脚标
青草膏

- Quick relief of muscle/joint symptomatic pain
- Smooth application
- Pleasant smell

- 快速缓解肌肉/关节疼痛
- 容易涂抹
- 宜人香气



MS 2424
5 006-01/2005

Analgesics [External] 镇痛（外用）

Three Legs Wintergreen Liniment

三脚标 冬青搽剂



MAL 20013175X

Three Legs Wintergreen Liniment is an easy to use topical analgesic liquid made of methyl salicylate, which is effective for fast relief of muscle or joint soreness and stiffness, and helps alleviate pain. The oil is also used for symptomatic relief of strains, sprains, muscular pains, or backaches.

The liniment has a pleasant “wintergreen” smell after application.

Ingredients: Methyl Salicylate 25% w/v

Indication: For symptomatic relief of strains, sprains and muscular pains.

Direction of Use:

Rub on affected area 3 times a day.

Shelf Life: 3 years

三脚标冬青搽剂是一种液态型镇痛剂，由水杨酸甲酯制成，并有效缓解肌肉和关节疼痛和僵硬，并减轻疼痛。此产品也用于扭伤、肌肉疼痛或背痛。

此产品使用后含有“冬青”芳香。

成份: 冬青油25%w/v

主治: 解除扭伤、肌肉疼痛和肌肉酸痛。

用法: 搽此药于患处，一天三次。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia & Singapore	30ml in glass bottle	8 888353 330959	30ml x 144 bottles

Analgesics
[External]
镇痛（外用）

Three Legs
Wintergreen Liniment

三脚标
冬青搽剂

- Fast relief of pain
- Suitable for massage
- Good absorption

- 快速缓解疼痛
- 适用于按摩
- 良好的被吸收



MS 2424
5 006-01/2005

MAL 20013175X

Others
其他

Three Legs

Lemon Sweet Purgative

三脚标

柠檬润肠露

The Three Legs Lemon Sweet Purgative is formulated to relieve constipation. It softens the stool and improves bowel movement. The solution is stored in a PET bottle, which reduces the risk of breakage and leakage and is available in a sweet lemon flavour for easy consumption.

Ingredients: Magnesium sulphate, Glycerin BP

Indication: For the relief of constipation and difficulty in bowel movement due to hardened faeces.

Direction of Use:

- Adults: 8 teaspoonful (40ml)
- Children over 6 years: 2 to 5 teaspoonful (10-25ml)

*To be taken once a day. To be mixed with a full glass (240ml) of water before drinking. To be taken an hour before food or on an empty stomach.

Shelf Life: 3 years



MAL 19930014X
BRU 1712284 NP

三脚标柠檬润肠露配方有助于缓解便秘，软化粪便并促进胃肠蠕动。此产品装于PET塑料瓶中，可降低破损及滴漏的风险。柠檬口味，更易于入口饮用。

成份: 硫酸镁、甘油

主治: 用于解除便秘及因粪便硬化而引起的排便困难。

用法:

- 成人: 8茶匙 (40毫升)
- 六岁以上小孩: 2-5茶匙 (10-25毫升)

*每日服一次。与一杯水 (240毫升) 混合服用。在饭前一小时或空腹服用。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia & Singapore	100ml in PET bottle	8 888353 330058	100ml x 144 bottles

Three Legs

Mouth Cleansing Liquid

三脚标

洗口糖

Three Legs Mouth Cleansing Liquid is formulated with 100% pure Glycerin. It is used as a protective cleansing solution for oral hygiene, leaving the mouth clean and fresh.

Ingredients: Pure Glycerin 100%

Indication: As a protective cleansing solution for oral hygiene.

Direction of Use:

Soak cotton wool with Three Legs Mouth Cleansing Liquid and clean the oral cavity, then rinse the mouth with water. Use 2-3 times per day.

Shelf Life: 3 years



NOT 181 107085K

三脚标洗口糖采用100%纯甘油配制而成。它是口腔卫生的保护性清洁溶液，让口腔清洁干净。

成份: 纯正甘油 100%

主治: 用作于口腔清洁保护剂。

用法:

将棉花沾上三脚标洗口糖，清洗口腔，然后用水漱口。一天可使用二至三次。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Malaysia	30ml in glass bottle	8 888353 330911	30ml x 144 bottles

Others
其他

- Effective for constipation
- Clear liquid
- Lemon-flavoured

- 有效缓解便秘
- 透明液体
- 柠檬口味



MS 2424
5 006-01/2005



Lemon Sweet
Purgative
柠檬润肠露

For the relief of
constipation & difficulty
in bowel movement due
to hardened faeces.



100ml



Lemon Sweet
Purgative
柠檬润肠露

For the relief of constipation
& difficulty in bowel movement
due to hardened faeces.



100ml

MAL 19930014X
BRU 17122284 NP

Three Legs
Lemon Sweet Purgative

三脚标
柠檬润肠露

- Protective oral hygiene
- Clear liquid
- Odourless

- 保护口腔卫生
- 透明液体
- 无气味



MS 2634
3 006-01/2005



Cecair
Cuci Mulut
Cap Kaki Tiga

三脚标洗口糖

Sebagai cecair
pelindung untuk
kebersihan
rongga mulut.



30ml



Mouth
Cleansing Liquid
洗口糖

As a protective
cleansing solution
for oral hygiene.



30ml

NOT 181107085K

Three Legs
Mouth Cleansing Liquid

三脚标
洗口糖

Health supplements 健康保健品

Three Legs Tongkat Ali Plus Eurykuat

三脚标 东革阿里特强剂有力强



Three Legs Tongkat Ali Plus Eurykuat is formulated with Malay traditional herbs (including Tongkat Ali) and Chinese herbs (Herba Epimedii, Morindae Officinalis Radix, Herba Cynomorii). It is proven to enhance men's vitality, boosts energy levels, and contains anti-fatigue qualities.

Tongkat Ali is commonly known as "Malaysian ginseng". It is widely used in traditional medicine for males and is a natural way to attain balance and vigor.

Ingredients: Eurycoma Longifolia Jack Radix Extract, Herba Epimedii Extract, Morindae Officinalis Radix Extract, Herba Cynomorii Extract

Indication: Used to restore energy and vitality, relieve fatigue, and promote good health for men.

Direction of Use:

2 capsules to be taken twice daily

Shelf Life: 3 years

三脚标东革阿里特强剂有力强采用马来传统草药（包括东革阿里）和中草药（淫羊藿，巴戟天，锁阳）配制而成。它被证明该产品可增强男性活力和精力，补充体力，抵抗疲劳。

东革阿里俗称‘马来西亚人参’。它广泛应用于传统医药，自然补充体力及活力。

成份: 东革阿里提取物, 淫羊藿提取物, 巴戟天提取物, 锁阳提取物。

主治: 增强精力和活消除疲劳、促进男性健康。

用法: 每次2粒，每天2次。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	60 capsules in capsule bottle	8 888353 331284	60 capsules x 72 bottles

Three Legs Goutrix Care

三脚标 痛风舒



Three Legs Goutrix Care is formulated using a combination of Western herbs (Celery seeds and black cherry) and traditional Chinese herbal ingredients (Rhizoma Et Radix Notopterygii & Herba Artemisiae Scopariae) that help to relieve symptoms of gout, pain, and inflammation of the joints, as well as swelling associated with gout.

The product improve gout condition by helping to flush out uric acids while relieving inflammation and pain at the affected joints.

Ingredients: Apium Graveolens (Celery Seed) Extract, Prunus Serotina (Black Cherry) Extract, Radix Puerariae Lobatae Extract, Rhizoma Et Radix Notopterygii, Radix Scutellariae, Herba Artemisiae Scopariae, Radix Ginseng, Radix Sophorae Flavescentis, Rhizoma Cimicifugae, Rhizoma Atracylodos, Rhizoma Atracylodos Macrocephalae, Rhizoma Alismatis, Polyporus, Radix Angelicae Sinensis, Radix Saposhinkoviae, Rhizome Anemarrhenae, Radix Glycyrrhizae

Indication: To relieve gout symptoms and maintain healthy uric acid levels

Direction of Use: Three capsules each time, two times daily in the morning and night.

Shelf Life: 3 years

三脚标痛风舒采用中西草药配制而成：西方草药（芹菜籽及黑樱桃）及传统中草药（茵陈及羌活），有助于缓解痛风引发的症状如：关节疼痛和关节炎症的，特别是痛风引起的关节肿胀。

此产品透过排酸利尿，来改善痛风状况。

成份: 芹菜籽提取物, 黑樱桃提取物, 黄芩提取物, 甘草提取物, 茵陈提取物, 羌活提取物, 白术提取物, 泽泻提取物, 猪苓提取物, 防风提取物, 知母提取物, 人参提取物, 葛根提取物, 苦参提取物, 升麻提取物, 苍术提取物, 当归提取物。

主治: 改善并促进健康睡眠缓解痛风的症状，帮助利尿排酸，维持正常代谢和健康的尿酸水平。

用法: 每次3粒，每日2次，早晚服用。

有效期: 3年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	60 vegicaps in capsule bottle	8 888353 310487	60 vegicaps x 72 bottles



- Enhance male vitality
 - Increase muscle strength
 - Natural energy booster
-
- 增强男性活力
 - 提升肌肉强度
 - 自然补充体力

Three Legs
Tongkat Ali Plus
Eurykuat

三脚标
东革阿里特强剂
有力强



- Relieves gout & joint pain
 - Excretes uric acid
 - Reduces inflammation
-
- 舒解痛风疼痛
 - 帮助利尿排酸
 - 缓解关节炎症

Three Legs
Goutrix Care

三脚标
痛风舒



Three Legs Glucosamine Sulphate

三脚标 氨基葡萄糖 硫酸盐



Three Legs Glucosamine Sulphate 500mg assists with the relief of osteoarthritis symptoms such as pain and swelling while supporting joint mobility and the maintenance of joint cartilage health. The product is suitable for osteoarthritis patients such as the elderly, as well as younger patients who might develop symptoms from incorrect use of joints from sports traumas or overweight joint stress.

The use of Glucosamine Sulphate in the product stimulates the metabolism and growth of cartilage cells, forming a healthy cartilage layer over the joints to protect and improve cartilage health and flexibility.

Ingredients: Glucosamine Sulphate Sodium Chloride 628mg (equivalent to Glucosamine Sulphate 500mg)

Indication: As adjuvant therapy for osteoarthritis.

Directions of Use: Best to be taken on an empty stomach (30 minutes before meals).

Light or moderate osteoarthritis symptoms:
1 capsule to be taken 2 times daily for at least 6 weeks or according to medical prescription.

Severe osteoarthritis symptoms:
Initial therapy: 1 capsule to be taken 3 times daily is recommended for at least 8 weeks.

Follow-up therapy: Maintenance therapy should be followed for 3-4 months (or according to medical prescription) by administration of 1 capsule twice daily.

The treatment should be repeated every other 6 months or less according to medical prescription.

Shelf Life: 2 years

三脚标氨基葡萄糖硫酸盐500毫克有助于缓解骨关节炎症状，如关节疼痛和肿胀，同时支持关节灵活性并维持关节软骨健康。此产品适用于老年人等骨关节炎患者，以及可能因运动创伤或超重关节压力导致关节使用不当而出现症状的年轻患者。

在产品中使用氨基葡萄糖硫酸盐可刺激软骨细胞的新陈代谢和增生，在关节上形成健康的软骨膜层，以保护和改善软骨的健康和灵活性。

成份: 氨基葡萄糖酸硫酸氯化钠盐628毫克（相等于氨基葡萄糖硫酸盐500毫克）

主治: 作为骨关节炎的辅助治疗。

服法: 空腹服用最佳（餐前30分钟）。

轻度或中度骨关节炎症状:
每天2次，每次1粒，持续至少6周，或根据医疗处方。

严重的骨关节炎:
初始治疗：建议每天3次，每次1粒，持续至少8周。
持续治疗：维持治疗应持续3-4个月，或根据医疗处方，每天2次，每次1粒。

根据医疗处方，应每隔6个月或更短时间重复治疗。

有效期: 2年

Region/ 地区	Individual Packing Size/ 单支装	Individual Unit Barcode/ 单支条码	Carton Packing Size/ 箱型装
Singapore	180 capsules in one box	8 888353 311057	18 blisters x 10 capsules x 36 boxes

Three Legs
Glucosamine
Sulphate

三脚标
氨基葡萄糖
硫酸盐

- Strengthen joint structures for better mobility
 - Relieve joint pain and maintain cartilage health
 - Fast absorption
-
- 加强关节灵活
 - 缓解关节疼痛并保持关节软骨健康
 - 迅速被人体吸收

